



REVIEW ARTICLE

A REVIEW ARTICLE ON EFFICACY OF REPORTORIAL APPROACH IN COMPARISON TO PLACEBO FOR ARSENIC ALBUM -200, IN CASES OF COUGH AND CORYZA

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Abstract

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Key Word- Arsenic album, cough, coryza, placebo, Repertorization

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I had taken 30 cases of cough and cold and they are divided into 2 groups, one is received Arsenic album in 200 potency and another group received placebo. Symptoms presented in the cases were repertorized and totality of the case was drawn and finally medicine was selected. It was observed Arsenic alb in 200 potency worked with positive response in 70% of the cases. After the analysis of Data we found that the Homoeopathic treatment with Arsenic album-200, by considering the reportorial approach, was more efficacious than placebo in cases of cough and coryza.

INTRODUCTION

Arsenic has been recognized since ancient times, from around 300 BC; and has been used for many years for medicinal purposes. These compounds

have come to occupy an important position among the therapeutical agents for the treatment of several spirochaetal and protozoal diseases, notably syphilis trypanosomiasis. It is used by

Homeopaths to treat a range of symptoms that include digestive disorders (especially Food poisoning), cough and coryza insomnia, allergies, anxiety, depression and obsessive compulsive disorder, and it has been studied as a possible treatment for arsenic poisoning.

Hahnemann the first person who conceived homeopathic potencies. 'Potency' literally means power or strength. The potencies are energized dilutions. According to Stuart Close, "Homeopathic potentisation is a mathematico-mechanical process for the reduction, according to scale, of crude, inert or poisonous medical substances to a state of physical solubility, physiological assimilability and therapeutic activity and harmlessness, for use as Homeopathic healing remedies."

The "mathematics" of potentisation or drug dynamization are the scales under which the drug substances in their crude, original form or state are reduced or quantitatively decreased in a definite ratio. This reduction is followed by the mechanical part of potentisation. The potencies available to a homeopath are –

The Centesimal Scale.

The Decimal Scale,

The 50 Millesimal or LM Scale –

“Cough is the most frequent of all respiratory symptoms and is indicative of an effort to expel a foreign substance causing irritation on any place in the cough

reflex path. The cough center in the medulla close to respiratory center is activated reflexly by the afferent impulse travelling up mostly along the vagus and the phrenic, the spinal accessory, intercostals and other nerve supplying the accessory muscles of respiration the medullary center may be also automatically excited by impulses from the superior cerebral center so that cough may be induced or restrained by voluntary effort.”

“Coryza is a word describing the symptoms of a "cold". It describes the inflammation of the mucous membranes lining the nasal cavity which usually gives rise to the symptoms of nasal congestion and loss of smell, among other symptoms.”

Review Literature Centesimal Scale

Introduction -This scale was introduced by Hahnemann in 5th edition of Organon of Medicine, aphorism 270 and is more commonly used. The first scale that Hahnemann developed during the early years of Homeopathy is the centesimal scale. As its name would suggest, it has a 1:100 dilution ratio and it is prepared in the following manner:

Definition - Centesimal scale is based on the principle that the first potency must contain the one-hundredth part of the original drug and each succeeding

potency, one-hundredth part of the preceding one.

Designation- This scale is designated by suffixing the letter 'C' or 'CH' to the number indicating the potency, i.e. the first potency is 1C or 1CH, followed by 2C or 2CH and so on. It may also be denoted by simply affixing the numerical to the name of the drug without any letter. The higher strengths are usually represented by Roman numerals

1M = 1,000

10M = 10,000

50M = 50,000. This should not be confused with 50 Millesimal scale potencies. CM = 100,000

DECIMAL SCALE

The decimal scale was the second potency scale to be produced in the development of Homeopathy. It has a dilution factor of 1:10 meaning that one part of the mother tincture or potency is diluted in 9 parts of a water alcohol mixture. Like the centesimal scale, the decimal scale still has 10 successions between each dilution phase. Once again, the remedy's name is followed by a number to show how many stages of dilution and succession it has been through and the Roman numeral "X" to indicate its 1:10 dilution ratio. A 3X potency, for example, indicates three stages of dilution and succession according to the decimal scale while a 12X indicates that the

process has occurred 12 times. Decimal potencies are easy to use and can be dispensed as pills, tablets or liquids. Being "low potency" remedies, they can be repeated frequently with little risk of producing proving symptoms. For this reason they are commonly sold by retail outlets for self-treatment of simple acute problems. The Schuessler Tissue Salts are one such example. They are less commonly prescribed by homeopathic practitioners as they have limited use in the treatment of deep-seated chronic conditions.

Definition - Decimal scale of potentisation is based on the principle that the first potency should contain one-tenth part of the original drug and each succeeding potency should contain one-tenth part of the potency preceding it.

Introduction - Dr. Constantine Hering of Philadelphia was the first who introduced the decimal scale. Dr. Vehsemeyer of Berlin, in 1836, in a precise manner, set forth the principles, therein involved. He expresses himself in the following manner:
Designation -The decimal potency is denoted by suffixing the letter 'X' or 'D' to the number indicating the potency, i.e. the first potency is 1X or 1D in the decimal scale, followed by 2X or 2D and so on.

Therapeutics of different Stalwarts

“ Cough and coryza symptoms of Arsenic Album given in “Materia medica

Pura” (by Dr. Hahnemann vol. 1), 520- Sensation of rawness and soreness in the chest. Pain in the chest. Much pain in the chest. Internal pain in the upper part of chest. Shooting and tearing pain in the uppermost right rib. 525- Towards evening a chillness internally in the chest, also after supper. Tensive pain in the chest, especially when sitting. Stitches superiorly in the right side of the chest especially felt when drawing the breath, like pressure, that’s end in a stitch. Violent shooting on left side of chest only during expiration, which is thereby rendered difficult. Aching on the chest.

530 - Burning in the chest. Burning in the right side of the chest extending to the flank, where it ached. After a meal, a sweet taste of blood, with a scraping shooting pain in the throat, as if he had swallowed a fish bone, for a quarter of an hour, followed by short cough with haemoptysis, at first like coagulated blood, after the spitting of blood nausea, and after two hour anxiety. Great heat in the chest to below the diaphragm.

SUMMARY & CONCLUSION

The use of repertory for the repertorization of the case has been made in every case but the drug that scored the most in reportorial totality has not been the drug of choice in every case. In fact the final selection is based on the case totality matched with the books of material

medica. It is also been confirmed with the study that number of symptoms mentioned only in the books of materia medica and not in the repertory has found to be useful for the prescribing in the case.

Lastly it is worth to mention here that any other medicine from the books of the homoeopathic Materia Medica can also be indicated in the above cases of study where the symptoms correspond and secondly we do not prescribe for the disease per se but for the patient that has the particular disease. Our emphasis is always on the sick person rather than sickness. The main purpose of the clinical study was to demonstrate the usefulness of 200 centesimal potency with homoeopathic medicines in particular Arsenic album. And also, to confirm the efficacy of homoeopathic medicines in the centesimal scale in management of such cases with the application of knowledge of miasm. This study is merely a suggestion for the future worker to work on these lines and reconfirm about the efficacy of drugs and to add few more to the list that has been observed in the present study. In a single line the homoeopathic medicine are effective in lower centesimal scale with the knowledge of miasmas’ in different conditions.

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